

4108

Do Not Attempt Resuscitation Discontinue Resuscitation



Treatment Protocol

Last Reviewed: October 4, 2022 Last Revised: July 1, 2025

BLS Patient Management

Do Not Attempt Resuscitation

Do not attempt or continue resuscitation when one or more of the following are present:

- 1. Mass casualty incident patient who remains apneic despite manual airway maneuvers
- Apneic and pulseless with rigor mortis and/or postmortem lividity
- 3. Decapitation
- 4. Generalized decomposition or incineration
- 5. Separation of brain, heart, or lungs from body
- 6. Apneic and pulseless with total abdominal evisceration
- 7. Complete transection of torso
- 8. A valid, signed, and dated advance directive (DNR/POLST/DNR medallion/Final Attestation Form) indicating that resuscitation is not desired.
- Neonates delivered before 22 weeks gestation WITH no signs of life.
 - If unknown gestational age look for:
 - > Eyelids fused shut
 - Foot length less than 40 mm (1.5 inches)
 - > Transparent skin
 - ➤ Weight less than 2 pounds
 - Low muscle tone

Following Prehospital Determination of Death

When the decision not to attempt/to discontinue resuscitation has been made at scene:

- Leave the body as found/as last positioned during resuscitation
- 2. Leave the scene without further disturbance/ invasive medical devices left in place
- 3. Comfort and care for survivors
- 4. Notify local law enforcement (LE) of prehospital determination of death
- 5. Contact the County of Riverside Coroner's Office, give report, and answer all applicable questions
- 6. Arrange for the Coroner's Office to receive a copy of the completed ePCR/PCR

ALS Patient Management

• Do Not Attempt Resuscitation

In addition to the criteria listed in BLS Patient Management, do not attempt, or continue resuscitation, when one or more of the following are present:

- 1. Blunt traumatic arrest with persistent asystole, agonal rhythm, or PEA at a rate less than 40
- 2. Penetrating traumatic arrest with persistent asystole, agonal rhythm, or PEA at a rate of less than 40, and absence of signs of life.

• Discontinue Resuscitation

Discontinue resuscitation when return of spontaneous circulation (ROSC) is not achieved in a medical cardiac arrest after a minimum of twenty (20) minutes of high performance (HP) CPR and the checklist below has been completed:

- IV or IO Access has been established;
- Airway has been successfully managed with clinically indicated airway device;
- Rhythm-appropriate medications and defibrillations have been administered according to applicable protocol with no ROSC;
- Persistent (greater than 20 min) asystole or agonal rhythm is present and reversible causes are identified and treated as clinically indicated with no positive neurologic response or ROSC;
- Patient's rhythm is not refractory VF or VT;
- Failure to establish spontaneous circulation (palpable pulse) at any point in the arrest

DISCONTINUING RESUSCITATION OF A PEDIATRIC PATIENT REQUIRES A BASE HOSPITAL PHYSICIAN ORDER (BHPO).

- 7. May remove invasive medical devices at the direction of the Coroner's Office
- 8. Remain at scene until released by LE
- 9. Include these details on the ePCR/PCR:
 - a) Location of the body
 - b) All recorded times
 - History, medications, time of death, circumstances, and description of any advance directive/DNR/POLST/DNR medallion
 - d) Identification of the local law enforcement officer at scene
 - e) Identification of the coroner's investigator who received report and coroner's case number
 - f) Disposition of the body, if determined while you are still at scene
- When the decision not to attempt/to discontinue resuscitation has been made during transport
 - a) Stop in a safe location without crossing county lines
 - b) Comfort and care for any survivors present
 - c) Contact the County of Riverside Coroner's Office, give report, and answer all applicable questions
 - d) Follow the Coroner's directions for:
 - Disposition
 - Notification of local law enforcement
 - e) Complete ePCR/PCR as described above

Contact a single base hospital (BH) and/or the Coroner's Office as needed for guidance in unusual circumstances